



**Friendly
Center**
Established 1924



Western Youth Services
Where Youth Succeed

Women's Support Workshops

Beginning August 7, 2015
On Fridays
from 11am – 12pm

Friendly Center
1820 E. Meats Ave.
Orange, CA 92865



Topics include:

- Identifying healthy and unhealthy relationships
- Conflict resolution
- Self-esteem
- Stress Management

*This is an “open” group which means that your participation can begin at any time.

Registration before participation is required.

Free childcare provided!

***Group facilitated in Spanish**

Taller de Apoyo para Mujeres

Temas incluyen:

- Identificar relaciones sanas y relaciones peligrosas
- Manejar conflictos
- Auto-estima
- Manejar estrés

Empezando el 7 de agosto, 2015

Los viernes
de 11am-12pm

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Orange, CA 92865

¡Cuidado de niños gratuito!

*Este es un grupo “abierto” que quiere decir que puede empezar a participar durante cualquier semana. Inscripción antes de la participación es requerida.

**Please call to
register/Llame para
inscribirse:
714-919-1108**

Programs and services at the Friendly Center Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, the County of Orange as well as volunteer, in-kind support and private donations. FaCT is a program administered by the County of Orange Social Services Agency, in partnership with the FaCT Coalition of Charitable Ventures of Orange County, The Olin Group, and the Orange County Alliance for Children and Families